



2018/2019

Alaska Occupational Therapy Student Mentor Directory

The following occupational therapists are based in Alaska and have agreed to serve as informal mentors to occupational therapy students, and those considering entering the profession. They are listed alphabetically and can be contacted via their preferred method of communication listed below.

Jennifer Armentrout **OTR/L, NTMTC**

Studied occupational therapy at Colorado State University.
Currently works at Alaska Pediatric Therapy (outpatient) and Providence Alaska Medical Center (NICU) in Anchorage, AK.
Also employed by Creighton University (Adjunct Faculty).
Works with pediatric populations both in the NICU and an outpatient setting (children from birth to 18 years of age).
Contacted best via email: jenny@akpedtherapy.com

Dee Berline **MBA, C/NDT, OTR/L**

Studied occupational therapy at the University of Oklahoma.
Also earned a Master's in Business Administration with emphasis on Health Care Administration and Health Care Informatics.
Currently self-employed with Therapy By Deesign, LLC in Anchorage, AK.
Works with home-based services to medically complex children.
Contacted best via text or email: (907) 227-5434 or Therapybydeesign@ak.net
Additional Information: Dee has a special interest in regulation/certification. She has served on the regulatory board for the State of Alaska for several terms. Her practice is primarily oriented toward neuro-developmental disorders and feeding.

Kari DeFreest **OTD, OTR/L, CHT**

Studied occupational therapy at Loma Linda University
Also earned a doctorate from the University of St Augustine for Health Sciences.
Currently works at the Southeast Alaska Regional Health Consortium in Sitka, AK
Works primarily with outpatient orthopedics but floats to other areas as needed
Also works as a contributing faculty member at the University of St. Augustine for Health Sciences in St. Augustine, FL
Contacted best via email: karid@searhc.org
Additional Information: Kari is a certified hand therapist. She is also passionate about rural health care and knowledgeable about regulatory requirements.

Jessica Flanigan
MOT, OTR/L

Studied occupational therapy at the University of Indianapolis in Indiana.

Currently works at All For Kids Pediatric Therapy, LLC in Anchorage, AK.

Works with pediatric populations (children birth-18-years-old) with diagnoses including autism, developmental delay, ADHD, anxiety, sensory processing challenges, FASD, unspecified lack of coordination, encephalopathy, and more.

Contacted best via email: jessica.flanigan1@gmail.com.

Additional Information: All For Kids Pediatric Therapy is a play-based sensory clinic with foundations in client-centered, evidence-based fun! Jessica also provides aquatic therapy and completes sessions at parks, in the community, and at clients' homes. She has continuing education experience related to sensory processing and integration, ADHD/ODD/behavior, SOS Approach to Feeding, behavior vs. sensory, Beckman Oral Motor, DIR Floortime, and Interactive Metronome. Her special interests include sensory-based feeding, adolescent anxiety and behavior, executive functioning, and life stage transitions.

Keely Hallingstad
MSOT, OTR/L

Studied occupational therapy at San Jose State.

Currently works at Providence Kodiak Island Medical Center in Kodiak, AK.

Works with pediatric populations including clients experiencing autism into adulthood.

Contacted best via email: keely.hallingstad@providence.org.

Lindsey Hill
OTR/L OTD

Studied occupational therapy at Creighton University.

Currently works at Central Peninsula Hospital in Soldotna, AK.

Works with outpatient neuro and hands, acute care as well.

Contacted best via text or email: (907) 441-7431 or lhill@cpgh.org

Additional Information: Lindsey also provides driving screenings and is working toward a CHT certification.

Maggie Heyman Hotch
MOT, OTR/L

Studied occupational therapy at Pacific University in Forest Grove, Oregon.

Currently self-employed at Four Ravens Occupational Therapy LLC in Haines, Klukwan, AK.

Also works in Skagway at Dahl Memorial Clinic monthly, as well as Hoonah and Skagway school districts.

Provides home-based care for pediatric clients and home school students in Juneau with telemed between onsite visits.

Works primarily with pediatric populations but also with rural health, general practice and Native wellness.

Contacted best via office phone number: (907)766-2101 (to schedule a call or video chat)

Additional Information: Maggie became an AOTA certified fieldwork educator in 2010. She has 17 years of experience with occupational therapy in Native cultures/populations. Her current caseload generally includes 40% pediatrics, 30% serious mental illness, 20% physical disabilities and 10% home safety/elder care. She has significant experience in cognitive rehab and community-based rehabilitation.

Destiny Lee
MOTR/L

Studied Occupational Therapy at Eastern Washington University.

Currently works at Providence Alaska Medical Center (Acute Care) in Anchorage, AK.

Also employed by Creighton University (Adjunct Faculty).

Contacted best via email or cell: Destinyrenae@gmail.com (907)250-9177

Additional Information: Destiny is also C/NDT, LSVT Big Certified.

Mary Mayer**OTR/L**

Studied occupational therapy at College of St. Catherine in St. Paul, MN.

Currently works at the Anchorage School District.

Works with pediatric populations in preschool through middle school.

Contacted best via email: Mayer_Mary@asdk12.org

Additional Information: SIPT certified

Tamara Moore**OTR/L, BS Occupational Therapy**

Studied occupational therapy at Howard University in Washington D.C.

Currently works at Moore Therapy, LLC in Anchorage, AK.

Works with pediatric populations in a small outpatient clinic.

Contacted best via text messaging: (907) 306-1728

Additional Information: Tamara has a love for general knowledge and skills within occupational therapy and a passion for meeting basic living needs (eating, breathing, digestion) which is often found in complex, medically complicated patients.

Scotty Orr**OTD, OTR/L**

Studied occupational therapy at the University of Southern California.

Currently works at Providence Alaska Medical Center (Acute Care) in Anchorage, AK.

Contacted best via email: scott.orr@providence.org

Additional Information: Scotty has several years of experience in the intensive care unit (ICU) and critical care setting. He has previously worked extensively with mechanical circulatory support/left ventricular assist devices (LVAD) and patients pre & post heart and lung transplant. His doctoral work primarily focused on optimization of electronic health record (EHR) systems and streamlining clinical documentation.

Anna Sluz**OTD, OTR/L, NTMTC**

Studied occupational therapy at Creighton University.

Currently works at Program for Infants and Children (PIC) in Anchorage, AK.

Works with pediatric populations, especially birth to 36 months of age.

Contacted best via email: asluz@picak.org

Additional Information: Anna's work is in part informed by the Sequential Oral Sensory Approach to Feeding, Perception-Action Approach to Motor Challenges, Cranial-Sacral Therapy, Ecology of Human Performance, and Connie Lillas' Neuro-Relational Framework for relationship-based, interdisciplinary practice supporting Infant Mental Health.

Amy L. Stohl**OTR/L, M.Ed.**

Studied occupational therapy at Pacific University in Forest Grove, Oregon.

Currently works at Providence Kodiak Island Medical Center (PKIMC) as the Pediatric Clinical Supervisor in Kodiak, AK.

PKIMC serves diverse pediatric populations from birth through young adulthood in an outpatient setting.

Contacted best via email: Amy.Stohl@providence.org

Additional Information: PKIMC offers a summer program utilizing Hippotherapy treatment, which is unique. Amy's other certifications include, but are not limited to: Sensory Integration, Therapeutic Listening, SOS feeding approach, Interactive Metronome and Floortime. PKIMC's pediatric department includes OT, SLP and PT, which offers unique learning opportunities for students.
